

## EXECUTIVE COACH PROFILE

### **Susan W. G. Ngula**

Life & Leadership Coach

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Founder of Kindle Coaching and Consultancy

Maxim – Partnering with you to maximize your Personal and Professional Potential.

### **COUNTRY**

Kenya

### **PROFESSIONAL BACKGROUND AND EXPERIENCE**

As a professionally trained and accredited coach for the last seven (7) years and with over 500 hours of coaching, I have partnered with professionals in middle level to C-Suite positions in helping them unlock their potential. My coaching skills have been honed as an internal workplace coach, an Adjunct Executive Coach with Strathmore Business School and with various clients, both formally employed and entrepreneurs.

My passion for coaching led me to seek and be elected as a Board Official of the International Coaching Federation (ICF), Kenya Chapter where I have served in various capacities from 2017 to 2020, and as the Chapter President in 2019.

My professional journey started over twenty-five (25) years ago in banking where I worked in various management and leadership positions in tier 1 banks. As a bank executive, I worked with teams in Kenya, South Sudan and South Africa and have a deep understanding of leadership, cultural diversities, coaching for performance and navigating the corporate world.

In the last two years, I have been working in the Fintech world where agility, customer experience and sensitivity to any regulatory or economic changes are paramount.

As a way of giving back to society, I am a mentor with SHOFKO which runs Kibera School for Girls and Girls for Girls (G4G) organization which aims to equip girls with the confidence to pursue their goals.

### **COACHING STYLE**

I believe in partnering with my clients as they pursue their personal and professional goals and maximize their potential. I provide a safe space to clarify, dream, explore and I hold you accountable to the new insights/actions identified.

### **COACHING SKILLS**

Leadership development, Career Planning, Workplace Dynamics, Transitions, Life Coaching, Finding Purpose among others.

Having developed skills as a Certified Group and Team Coach, I am able to facilitate coaching conversations with a group or team on a common goal.

I am also a Certified Health and Fitness Mindset Coach and coach on beliefs, values and helping clients align them to their desired outcome.

#### **EDUCATIONAL & PROFESSIONAL QUALIFICATIONS**

- Certified Health and Fitness Mindset Coach, 5th Element Behavior Consultancy
- Certified Group and Team Coach, CDI-Africa
- Certified Organizational Effectiveness Coach, CDI Africa
- Advanced Management Program, Strathmore Business School
- Masters in International Business Administration (Strategic Management) – United States International University
- Bachelor of Commerce (Marketing) – University of Nairobi
- Various certifications in Strategic Leadership, Service Excellence, Performance Management, Customer Focus, Corporate Governance among others.