

EXECUTIVE COACH PROFILE

Sheetal Shah

Executive Leadership Coach

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COUNTRY

Kenya

BACKGROUND AND PROFESSIONAL EXPERIENCE

Sheetal Shah is a creative learning and development facilitator and leadership coach with international experience. With over 20 years of personal research and experience in the field of personal change, self-mastery, leadership and creative mindfulness, Sheetal's expertise is in creating a space in which people can realize their own leadership potential. She has a unique way of building trust and rapport with people and that allows her to create impactful dialogue and reflection which moves participants towards a new model of behaviour. As an executive coach, Sheetal pays close attention to the needs of the client and is imaginative and intuitive in the methods used to help clients move towards their goals. She is the second Professional Certified Coach (PCC) in Kenya to be accredited by the International Coach Federation (ICF). She is also the first certified teacher in Africa for the world-renowned Search Inside Yourself programme. Sheetal has considerable experience working with the UN and its related agencies. Sheetal has been responsible for designing and running the coaching programme for the United Nations Environmental Programme (UNEP) from 2008 to 2016. Her clients include CEOs and senior managers from the corporate sector, small and growing business sector, government organizations and the NGO sector. She is based in Kenya but has worked internationally as a coach in East Africa, Europe, Canada, Panama, Bangladesh and India. In Africa, she has worked with clients in Kenya, Uganda, Tanzania, Rwanda, Zimbabwe, Zambia, Mauritius and Ethiopia. Her passion is to work with leaders and support them in creating places of work that are both inspiring, impactful and that foster cultures of creativity and collaboration. She is able to coach skilfully in either virtual or face to face settings.

AREAS OF EXPERTISE

- Leadership Development
- Executive Coaching
- Immersion Learning Experiences
- Retreat Facilitation

COACHING NICHE

Leadership Development, Vertical Development, Navigating Transitions and Teams, Leadership Identity, Mindfulness

COACHING STYLE

Sheetal prefers to customize an approach that is suitable to the client rather than sticking to a cookie cutter approach and uses a diverse range of techniques with her clients. She uses the Forton Group leadership coaching model as a starting point and then draws on elements of Theory U, Deep Coaching and Active Coaching as needed. She is also familiar with the OSKAR, ACHIEVE, GROW and FUEL models for coaching. She also uses tools like NLP, EFT, Gestalt based floor work, Visualization, Scaling, Motivational Interviewing, Action Learning and Appreciative Inquiry within the coaching process if needed. She uses an eclectic approach and blends models and tools depending on the client, the coaching agenda and what might work best for the coaching focus that is chosen by the client.

COACHING CREDENTIALS

Certificate in Mentor Coaching, Coach Advancement
Professional Certified Coach, PCC, ICF
Professional Leadership Coach, The Forton Group
Certified Leadership Coach, CLC, The Forton Group
NLP Coach, American Board of NLP
Health and Success Coach, Bennett Stellar University
Deep Coaching, Centre for Transformational Coaching

PSYCHOMETRIC TOOLS USED

Leadership Circle Profile
Hogan Assessments
Leadership Versatility Index
Leadership Practices Inventory
MBTI, 16 PF, FIRO-B

EDUCATIONAL AND PROFESSIONAL QUALIFICATIONS

Collective Leadership Assessment Certification, The Leadership Circle
Leadership Circle Profile Certification, The Leadership Circle
Conversations at the Growing Edge, Cultivating Leadership
Search Inside Yourself Certified Teacher Training, SIYLI.
M.Sc Consulting and Coaching For Change, HEC University and Oxford University, Said Business School.
Certificate in Integral Transformative Leadership, Pacific Integral, USA/Ethiopia
Nine Conversations in Leadership Level 1 Accreditation, Purposeful Teams Level 1 Accreditation, Worldsvievw Consulting, South Africa
Level A Certification in Occupational Testing, BPS, UK
Level B Certification in Personality Testing, OPP, UK
Master Practitioner, Neuro Linguistic Programming Bennett Stellar University, USA

TESTIMONIAL

“Sheetal designed and implemented a coaching programme for UNEP as part of our Strategic Implementation Plan. She is a thoughtful and high-quality coach with a deep understanding of leadership and human dynamics” – Senior Manager, UNEP HQ, Nairobi